



## CODES OF CONDUCT

This code of conduct document covers administrators, coaches, volunteers and parents involved with Port Hills Athletic Club.

### Administrators

***I will:***

- Create pathways for club members to participate not just as athletes but also as coaches, referees, administrators etc.
- Ensure that training, equipment, advice and support are modified to suit the age, ability and maturity level of athletes
- Ensure quality supervision and coaching for members
- Remember that members participate for their enjoyment and benefit
- Help coaches and officials highlight appropriate behaviour and skill development, and help to improve the standards of coaching and officiating
- Ensure that everyone involved in sport emphasises fair play
- Distribute a code of conduct to athletes, coaches, officials and parents and encourage them to follow it
- Ensure administrators have a working knowledge of Port Hills Athletic Club Health and Safety Policy
- Respect the rights, dignity and worth of all people involved in the club, regardless of their gender, ability or cultural background

***I will not:***

- Arrive at any event representing Port Hills Athletic Club intoxicated or drink alcohol at junior athletics events
- Allow the unlawful supply of alcohol and/or illegal substances at training, events or club functions
- Smoke or vape in the clubrooms or at an event
- Use bad language, nor will I harass athletes, coaches, officials or spectators



## Coaches

### ***I will:***

- Remember that athletes participate for enjoyment and winning is only part of the fun
- Never ridicule or yell at athletes for making a mistake or not winning
- Be reasonable in my demands on athletes' time, energy and enthusiasm
- Operate within the rules and spirit of athletics and teach my athletes to do the same
- Ensure that the time athletes spend with me is a positive experience. All are deserving of equal attention and opportunities
- Avoid pressuring the talented athletes and understand that the average participant needs and deserves equal time
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all athletes
- Display control, respect and professionalism to all involved with the sport including other clubs and their members, coaches, officials, administrators, the media, parents and spectators. I will encourage club members to do the same.
- Show concern and caution toward sick and injured competitors and follow the advice of a physician when determining whether an injured player is ready to recommence training or competition
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young athletes
- Respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background
- Promote adherence to anti-doping policies.

### ***I will not:***

- Arrive at any event intoxicated or drink alcohol at junior athletics events
- Allow the unlawful supply of alcohol and/or illegal substances at training, events or club functions
- Smoke or vape in the clubrooms or at an event
- Use bad language nor will I harass athletes, officials, spectators or other coaches



## Officials

### ***I will:***

- Place the safety and welfare of all competitors above all else
- Show concern and caution towards sick and injured athletes
- Be impartial, consistent, objective and courteous when making decisions
- Accept responsibility for my actions and decisions
- Condemn unsporting behaviour and promote respect for the individuality of competitors
- Avoid any situations which may lead to or be construed as a conflict of interest
- Be a positive role model in behaviour and personal appearance and ensure my comments are positive and supportive
- Be a good sport as I understand that actions speak louder than words
- Always respect, remain loyal to and support other officials
- Keep up to date with the latest Laws of Athletics NZ, trends and principles of their application
- Refrain from any form of personal abuse towards athletes or other officials
- Respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background.

### ***I will not:***

- Arrive at an event intoxicated or drink alcohol at junior athletics events
- Smoke or vape in the clubrooms or at an event



## Parents

### ***I will:***

- Encourage my child to participate within the rules and respect officials'/volunteers and coaches' decisions
- Teach my child to respect the efforts of other competitors
- Remember that children learn best by example so I will applaud good performances by both my child's club and other clubs
- Give positive comments that motivate and encourage continued effort
- Support my child's efforts and performance
- Thank the coaches, officials and other volunteers who give their time to conduct the event for my child
- Help when asked by a coach or official
- Respect the rights, dignity and worth of all people involved in the sport, regardless of their gender, ability or cultural background.

### ***I will not:***

- Pressure my child in any way – I know that this is their event not mine
- I will not arrive at an event intoxicated or drink alcohol at junior athletics events
- Smoke or vape in the clubrooms or at an event
- Use bad language, nor will I harass players, coaches, officials or other spectators
- Criticise or ridicule my child's performance after the event



## Athletes

### ***I will:***

- Always compete by the rules
- Never argue with an official. If I disagree with a decision I will inform the club captain/Saturday manager during or immediately after the competition
- Control my temper. I understand that verbal abuse of officials and other athletes is not acceptable or permitted behaviour in any sport
- Work equally hard for myself and my club
- Be a good sport and applaud all athletes whether my club or not
- Treat all athletes in my sport as I like to be treated. I will not bully or take unfair advantage of another competitor
- Cooperate with my coach, team mates and other athletes
- Display modesty in victory and graciousness in defeat
- Participate for my own enjoyment and benefit, not just to please parents and coaches
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Thank the opposition and officials at the end of the event
- Comply with anti-doping policies.

### ***I will not:***

- Arrive at the venue or play sport while intoxicated
- Smoke or vape in the clubrooms or at an event



## Consequences

- Any administrator, coach, official, parent or athlete who is found to be breaching this code of conduct will be issued with a verbal warning by a member of the Port Hills Committee
- If this is repeated, the Committee will give a written warning depending on the seriousness of the breach
- The committee reserves the right to ask any administrator, coach, official, parent or athlete who commits a serious offence while representing Port Hills Athletics Club to remove themselves from a club function or event
- The committee may also remove the membership of any club member after discussion with relevant committee members in accordance with the Port Hills Athletic Club Constitution clause 7(d).