



JUNIOR TRACK & FIELD MARCH SUMMARY

PORT HILLS ATHLETICS CLUB NEWSLETTER

28th March

Edition 6 - 2020/2021 Season

Firstly it would be appropriate to thank Amanda Landers and Nikki McAven, featured centre-fold below for their time and efforts they have put into the club over recent years. They do a lot of work behind the scenes, organising, setting up, listening to people's requests, Colgate Games, Saturday Interclubs, Canterbury Champs and are the critical cogs that turn the Port Hills Junior Athletics wheel. They have always been very approachable and have always had the athletes best interest at heart. As their own children finish up with children's athletics they will be stepping down from Junior club captain and Saturday managers. These two laddies and their families have served the club & members for many years (Amanda's family have been around for 15 years) and both will be missed. I'm sure they'll still be around in some shape or form. Thanks again laddies for your service and the time you have put into the club. Good luck to the poor bugger that has to fill your shoes!

The Canterbury Champs featured some outstanding individual efforts, a lot of new personal bests and many individual event place getters. Below were our overall age grade place getters for the competition:

Maddy Lines (G7) - 3rd place - 27 points

Mario Domenech (B7) - 2nd place - 32 points

Leah Pratten (G13) - 2nd place - 39 points

Harvey Cogle (B14) - 3rd place - 29 points

Below are the club best performances for the month of March from either the Canterbury Champs, 995 Triangular Meet or CSS:

Mario Domenech (B7) - 60m - 9.62 sec

Maddy Lines (G7) - 200m - 36.07 sec (equaled previous G7 best performance)

Billy Murfin (B11) - 100m - 13.67 sec

Bea Christie (G12) 1200m walk - 7:01.77 min

Brynne Gordon (G13) 800m - 2:21.75 min

Harvey Cogle (B14) LJ - 5.71m

We congratulate the following athletes that were selected for the 995 meet to represent Canterbury at the Triangular Meet in Dunedin who competed on the 21st March:

Maddy Lines (G7) Mario Domenech (B7)

Isla Mitchell (G8) Mason Hearn (B7)

Kiera O'Donnell (G10) Robbie Mitchell (B10)

Pera Gordon (G11) Billy Murfin (B11)

Oakley Blackburn (B11)

The Canterbury Secondary Schools were hosted at Nga Puna Wai on Tuesday 16th March (preliminary day) and Saturday 20th March (finals day). Port Hills had a lot of athletes that featured strongly at this event. Below are the place getters from the Port Hills junior club:

Brynne Gordon (U14 girls)		Angus Sevier (U15 boys)	
1st place 800m	2:22.51	1st place 800m	2:04.90
1st place 1500m	4:54.40	1st place 1500m	4:18.19
Mieke Hunt (U15 girls)		Joel Allott (U14 boys)	
2nd place 100m	13.59	1st place 3000m	10:19.67
3rd place 80m H	14.23	3rd place 1500m	4:37.37
3rd place HJ	1.45m		
Leah Pratten (U14 girls)		Ben Waldron (U15 boys)	
2nd place 300m H	49.09	1st place Javelin	34.14m
2nd place LJ	5.16m	Sam Higgins (U15 boys)	
		2nd place Javelin	32.81m
Taylor Hills (U15 girls)		Harvey Cogle (U15 boys)	
3rd place 3000m	11:35.18	3rd place 80m H	12.57

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Below are the March 5 Star performances which included the Canterbury Champs, 995 Triangular Meet and Canterbury Secondary Schools Athletics Day:

GIRLS (5 STAR PERFORMANCES):

Leah Pratten (G13)	
200m	27.15
400m	1:04.19
800m	2:31.16
LJ	5.16m
HJ	1.40m (scissors)
SP	8.99m
Discus	21.01m
Brynne Gordon (G13)	
400m	1:02.87
800m	2:21.75 (club Best Performance)
1500m	4:54.10
Maddy Lines (G7)	
200m	36.07 (=club best performance)
SP	5.72m
Discus	9.47m
Bea Christie (G12)	
1200m track walk	7:01.77 (club best performance)
HJ	1.35m
Rebekah Pratten (G12)	
400m	1:09.28
800m	2:39.38
Pera Gordon (G11)	
400m	1:09.56
800m	2:49.54
Grace Smith (G11)	
800m	2:42.51
1500m	5:28.64
Kiera O'Donnell (G10)	
800m	2:52.63
1500m	5:44.75
Zoe Whinham (G7)	
SP	6.0m
Discus	17.87m
Mieke Hunt (G14)	
HJ	1.50m
Amelie Martin (G12)	
Discus	21.05m
Miriama Northcott (G11)	
Discus	20.69m
Lola Harris (G11)	
Discus	19.56m
James White (G7)	
Discus	9.82m
Jayde Inglis (G10)	
SP	6.23m

BOYS (5 STAR PERFORMANCES):

Sam Higgins (B14)	
200m	24.73
400m	59.77
HJ	1.50m
LJ	5.31m
SP	10.33m
Harvey Cogle (B14)	
400m	58.49
800m	2:12.5
HJ	1.65m
LJ	5.71m
Angus Sevier (B14)	
400m	56.05
800m	2:04.90
1500m	4:18.19
HJ	1.55m
Mario Domenech (B7)	
60m	9.62 (club best performance)
100m	16.13
200m	33.58
LJ	3.70m
Ben Waldron (B14)	
HJ	1.60m
LJ	5.19m
SP	10.43m
Ben Hazlett (B14)	
200m	25.39
HJ	1.65m
Joel Allot (B13)	
800m	2:22.32
1500m	4:37.37
Billy Murfin (B11)	
100m	13.67 (club best performance)
LJ	4.35m
Oakley Blackburn (B11)	
HJ	1.30m
LJ	4.61m
Felix Martin (B9)	
SP	7.69m
Discus	21.32m
Rupeni Qooya (B12)	
200m	28.22
Max Matthews (B12)	
LJ	4.45m
Will Hull (B13)	
HJ	1.50m
Fergus Booth (B10)	
HJ	1.20m
Joshua Smith (B8)	
SP	6.23m
Tyronne Northcott (B7)	
Discus	14m