

## SHOE CLINIC ASICS 5K SERIES 2023 – FUN RUN AND WALK



Name: \_\_\_\_\_

Phone or email: \_\_\_\_\_



I have read and accepted the conditions of entry on the reverse of this form.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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### Start time:

Fun Run and Walk: 6.15 pm

### Entry Fee

\$5

### Entries

Entries will be taken on the evening up to 15 minutes before the start of the Fun Run and Walk. Each competitor will be given a number marked on their hand to be eligible for a Spot Prize. Competitors who have paid online must still complete an entry form on the night.

### Health and Safety

All entrants agree to follow all health and safety instructions of officials. As the start is congested, do not change direction. Be aware of others around you. Hagley Park is a public facility so please respect other park users. Entrants being overtaken must give right of way to faster runners. Please keep the park tidy by using the bins provided.

### Spot Prizes

Spot Prizes will be drawn on the night for the Fun Run and Walk: Minor prizes in the exit chute and major prizes at the end of the event. Winners must be present at the draw to claim prizes.

### Conditions of Entry

All entrants in the Shoe Clinic Asics 5K Series take part entirely at their own risk. Entrants agree that Port Hills Athletic Club may use results and images from the Shoe Clinic Asics 5K Series for publicity purposes.